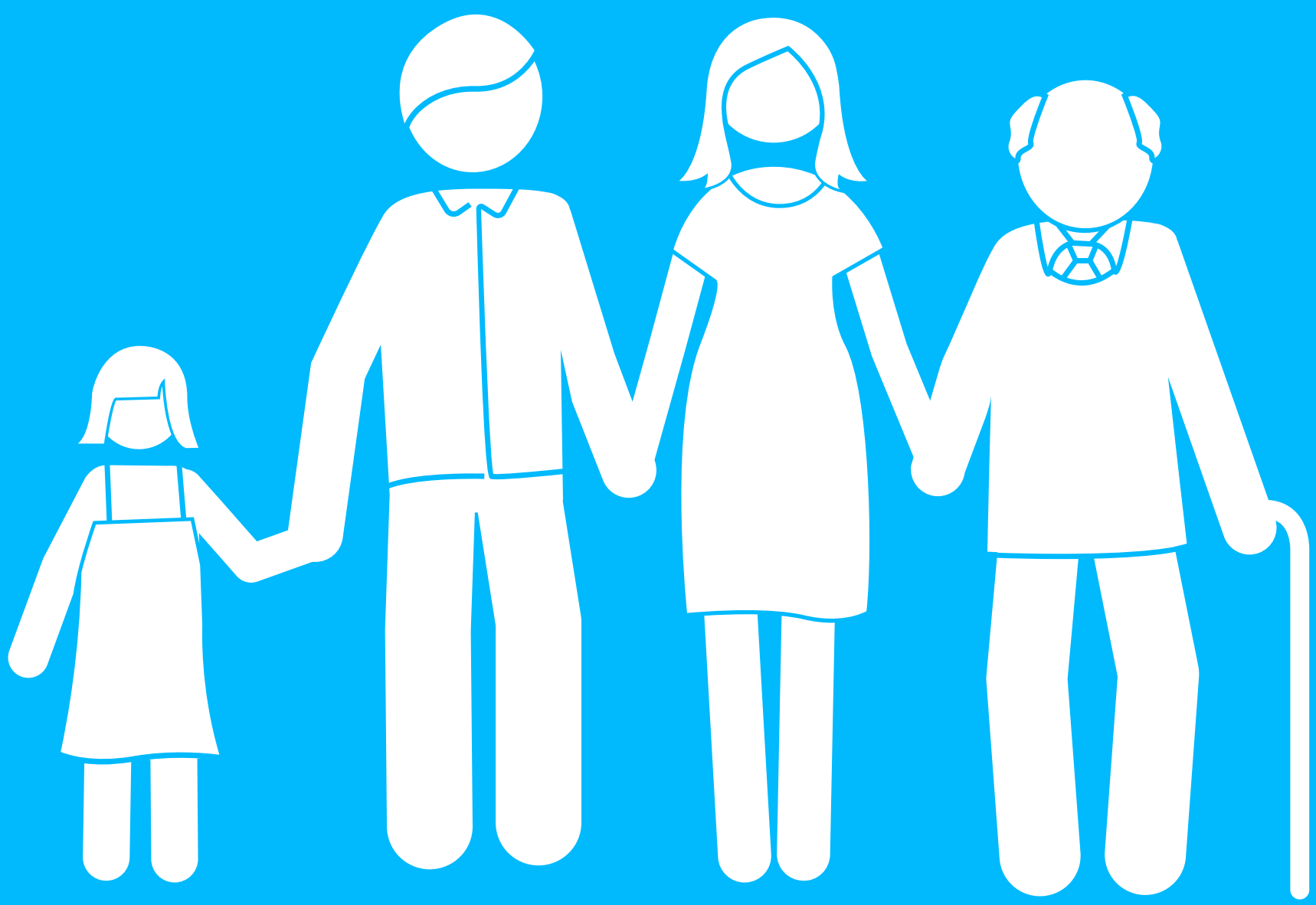
Air pollution impacts our health from our first breath to our last



Take steps to improve your health this Clean Air Day

#CleanAirDay

cleanairday.org.uk/scotland

16.06.2022

Lathaa'Ghlan-èadhair

CleanAirDay

Leave the car at home

Walk, cycle or take public transport to work or school

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Walk to school this #CleanAirDay

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If possible, work from home this #CleanAirDay

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Make cleaner air decisions at home

Avoid using your open fire or stove

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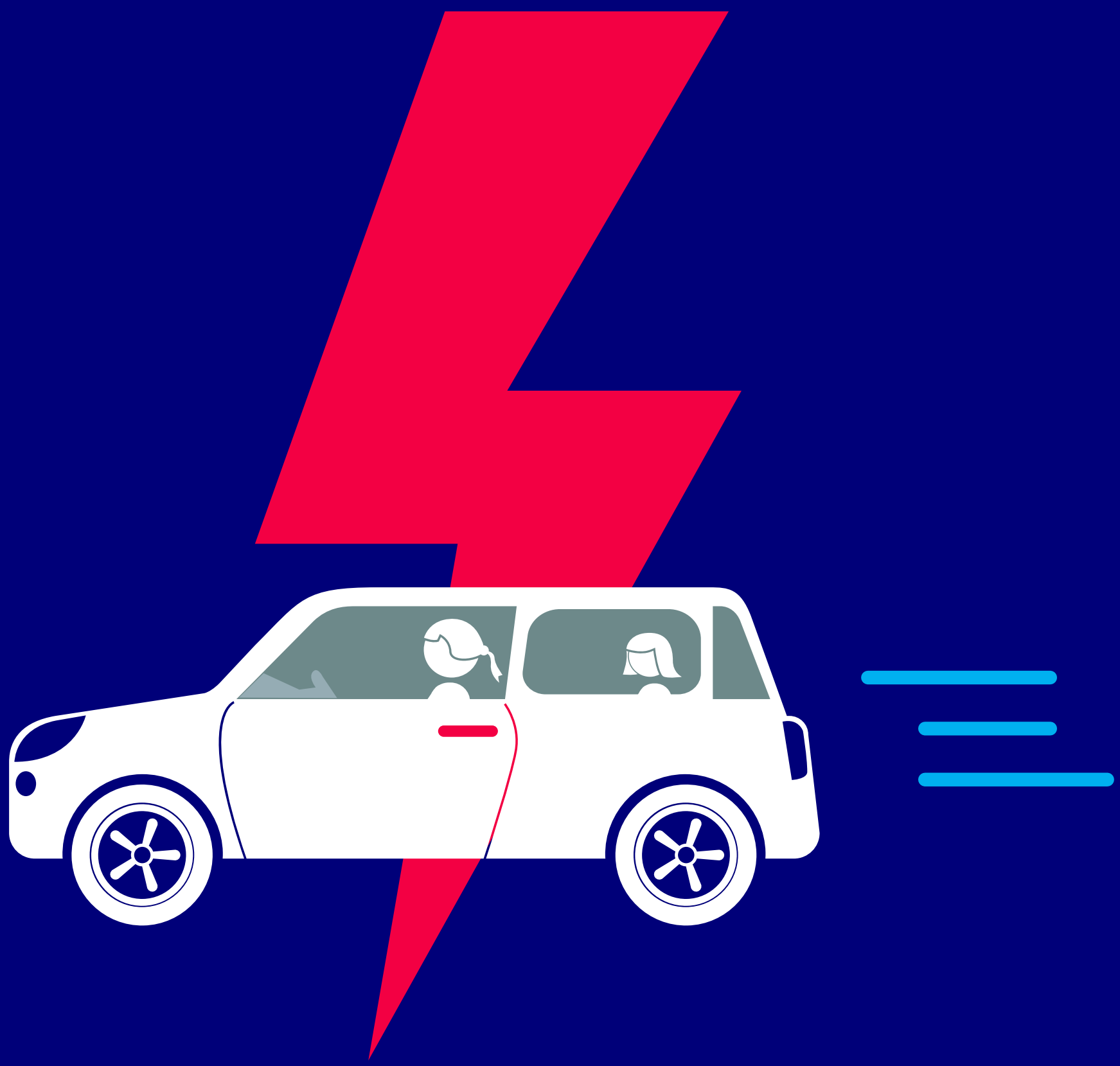
Driver cleaner
Consider electric this #CleanAirDay



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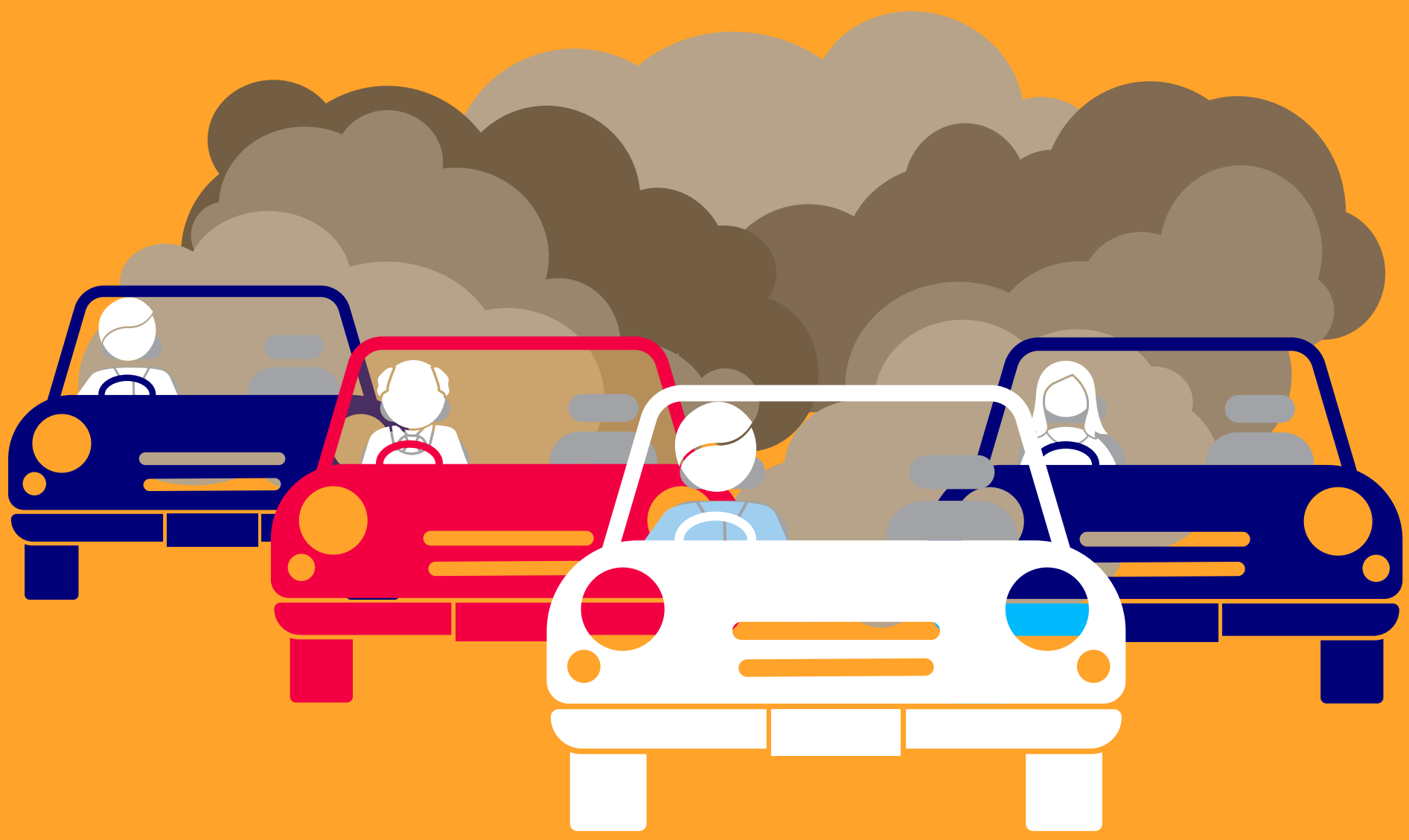

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Learn more about air pollution

Visit cleanairhub.org.uk

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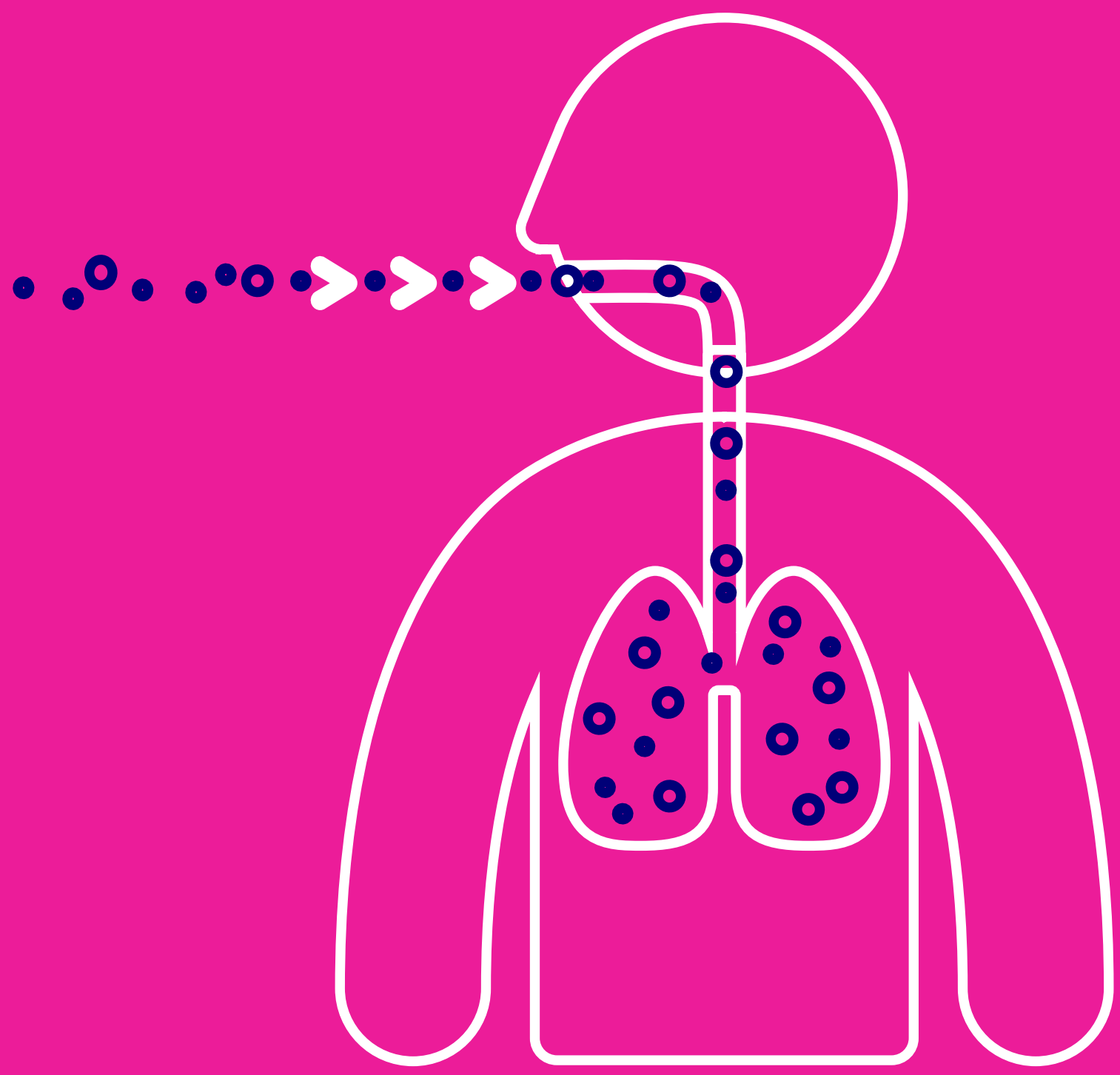
Air pollution causes heart and lung diseases



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