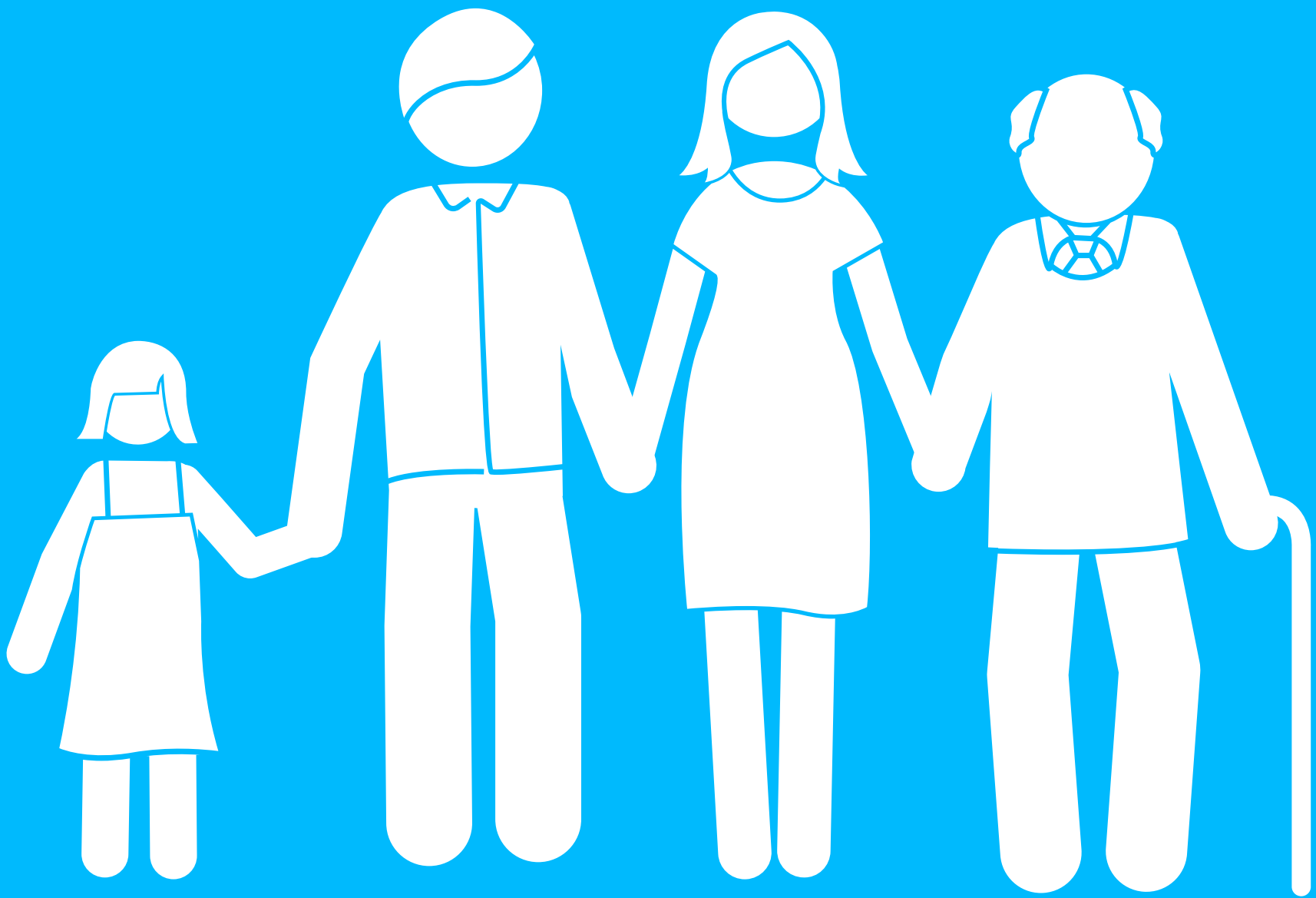


Air pollution impacts our health from our first breath to our last



Take steps to improve your health this
Clean Air Day

#CleanAirDay
cleanairday.org.uk



Leave the car at home
Walk, cycle or take public
transport to work or school



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Walk to school this Clean Air Day



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If possible, work from home this Clean Air Day



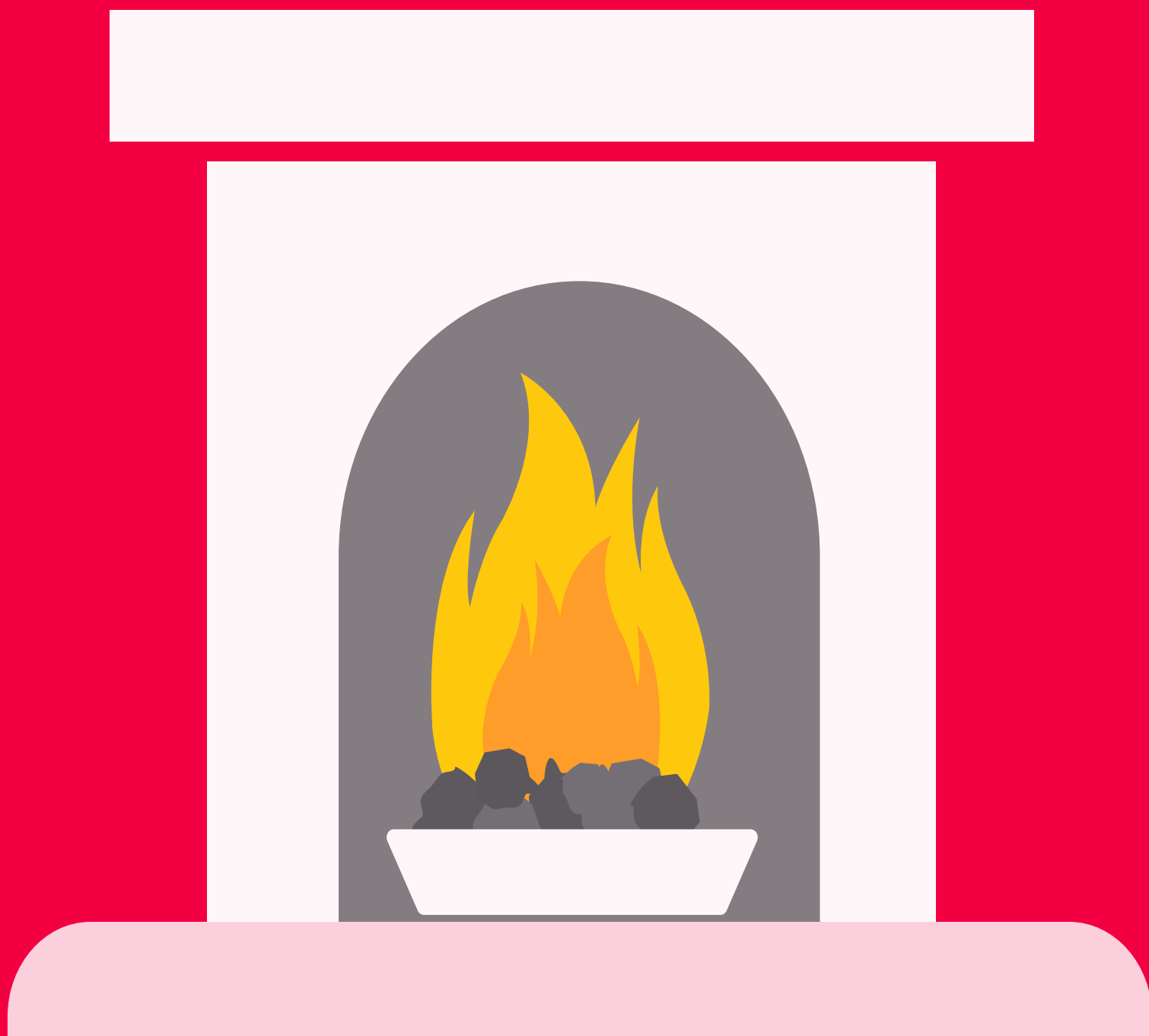
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Make cleaner air decisions at home

Avoid using your open fire or stove



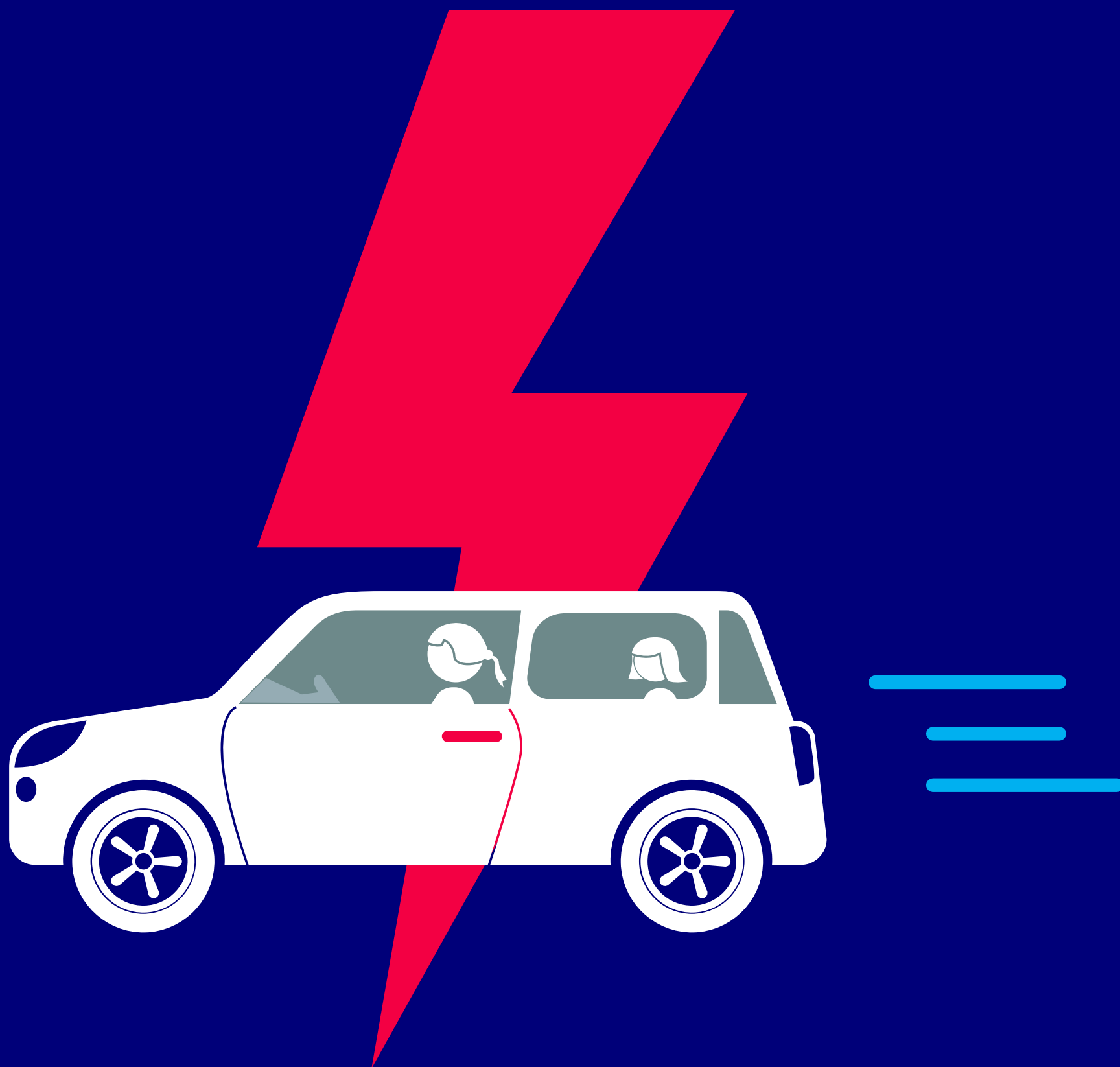
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Driver cleaner

Consider electric this Clean Air Day



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Leave the car at home this Clean Air Day



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Learn more about air pollution

Visit
cleanairhub.org.uk

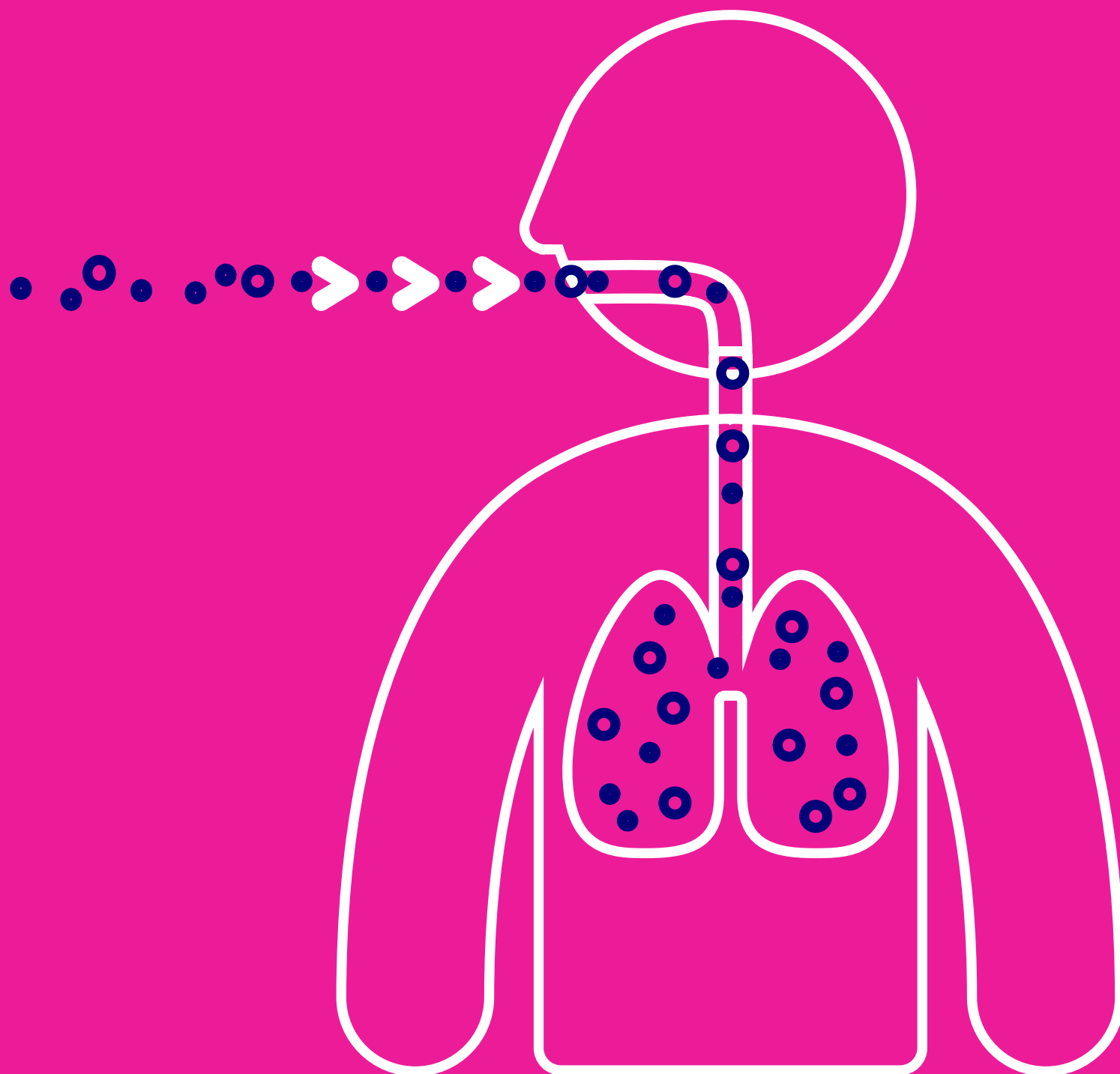


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Air pollution causes heart and lung diseases



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