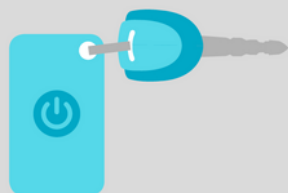




Lathaa'Ghlan-èadhair  
CleanAirDay

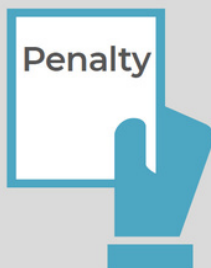
YOU are the key  
to cleaner air!



Idling is a significant contributor to local air pollution. It is less polluting to turn your engine off and restart it after a minute or longer than to leave your engine running.



It can take up to an hour for an engine to cool down. Turning off your engine but keeping the ignition on and the fan blowing will provide warm air for some time.



You might receive a £20 fixed penalty if you fail to turn off your engine while stationary

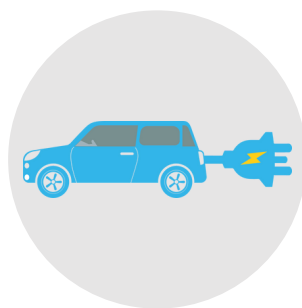


Over 50% of Particulate Matter (PM)  
in cities can come from taxis and cars...

You can make a difference to air quality  
in our community!

# Make cleaner air travel choices

- 1 Give your car a day off** Walk, cycle to work or school, or work from home if you can.
- 2 Discover the side streets** Use quieter streets when you're on a bike or on foot to avoid polluted main roads.
- 3 Go electric** There are lots of ways you can travel electric. Hire an electric car, taxi or test drive an electric vehicle today.
- 4 Don't idle your engine** If you drive, turn off your engine when your vehicle is stationary, and it is safe to do so.



To get involved in Clean Air Day and learn more about how air pollution could be affecting you and your family's health, visit [cleanairday.org.uk/scotland](https://cleanairday.org.uk/scotland) or search #CleanAirDay.